

My Soul Cries Out - I Want to Get Away (Shame)



| Relational Movement | Fight Response | Flight Response |
|----------------------------|-----------------------|------------------------|
| Attack (against) | Anger | Fear |
| Abandonment (away) | Jealousy | Despair |
| Love (toward) | Contempt | Shame |

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How Do We Recognize Shame?

- A painful preoccupation with one's self
- Running from exposure
- Violence against self and others



What is the Root of Shame?

- Shame is “the traumatic exposure of nakedness” (The Cry of the Soul)
- Culture - A sense of deficiency or weakness
- God - The exposure of foolish trust



Shame is a Wake-Up Call that We are Worshipping False gods

- All who worship images are put to shame, those who boast in idols - worship him, all you gods.” (Ps 97:7)

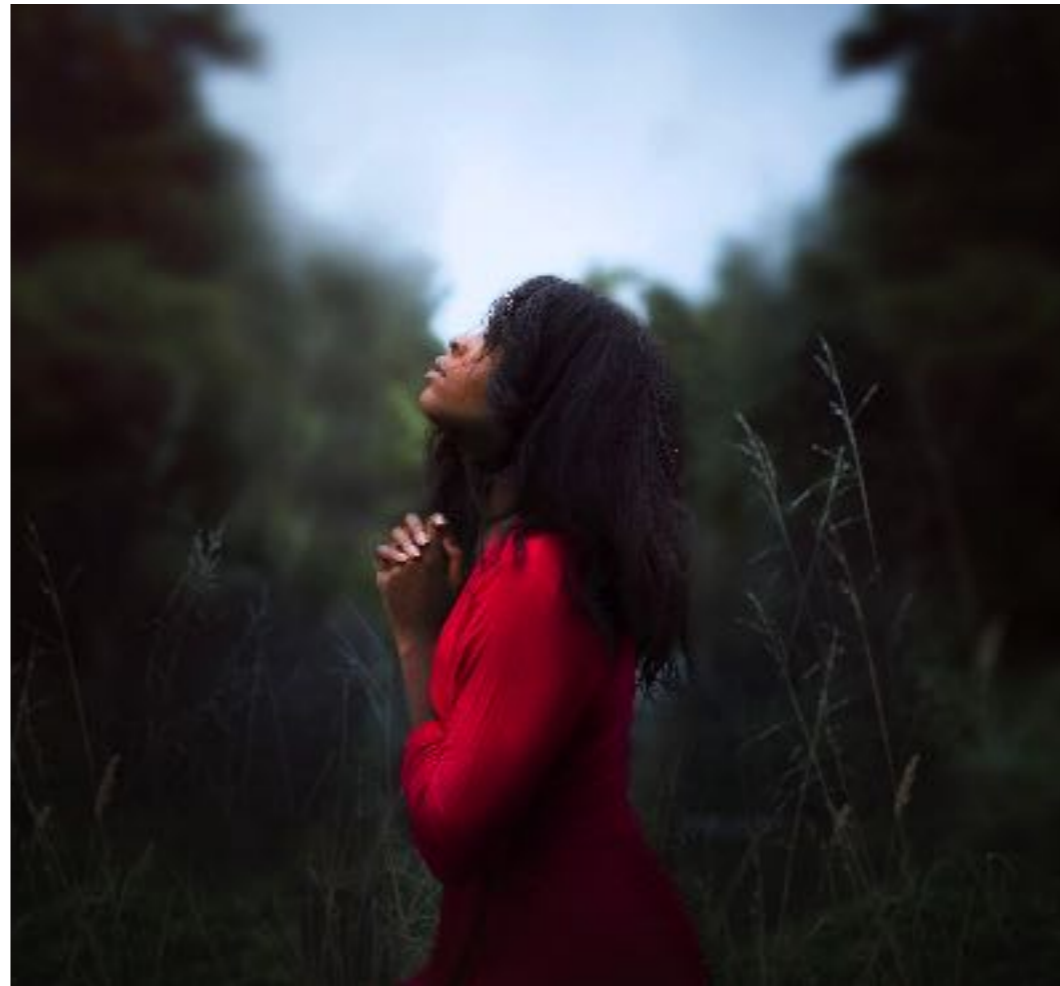


Half of the wood he burns in the fire; over it he prepares his meal, he roasts his meat and eats his fill. He also warms himself and says, “Ah! I am warm; I see the fire.” From the rest he makes a god, his idol; he bows down to it and worships. He prays to it and says, “Save me! You are my god!”

–Isaiah 44:16-17

Shame is an Invitation to Grace

- Shame will shut down our passion and desire for life, or it will draw us to cry out to God in confusion and desire



The Shame of God - God Shames Shame

- In the incarnation -
God with us
- In suffering
- In death and
crucifixion



“When you were dead in your sins and in the uncircumcision of your flesh, God made you alive with Christ. He forgave us all our sins, having canceled the charge of our legal indebtedness, which stood against us and condemned us; he has taken it away, nailing it to the cross. And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross.”

–Colossians 2:13-15

Freedom in Shame

- Freedom in humility and redemption
- Freedom in gratitude and worship



Not Ashamed - Now and Forever

